



CHEVRON
COLLEGE

BSc (Hons) in Athletic Therapy*



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About Chevron College

Established in 2005, Chevron College is a QQI-accredited provider of further and higher education, delivering critical skills programmes to over 15,000 students annually.

With 135 full-time staff and more than 250 industry-experienced lecturers, the College delivers programs through online, blended, and classroom-based formats to students.

Renowned for student support, Chevron has earned over 900 five-star Google reviews, with lecturers commended for their accessibility, support and caring nature from enrollment to assessment completion.

Since 2015, Chevron has a collaborative partnership in place with the University of East London, is an approved provider of Springboard+ funded programmes and a prime contracted training partner to Education and Training Boards (ETBs) across Ireland.

To ensure programmes are financially accessible, the College collaborates with Credit Unions, Skillnets, the Higher Education Authority, ETBs, the Department of Social Protection, Charities, and other finance providers.

Karl Fitzpatrick is a 2025 EY Entrepreneur of the Year finalist and ensures that our programmes remain industry-relevant, with extensive work-placement opportunities.



Mr. Karl Fitzpatrick

President of Chevron College

Quick Facts about Chevron College



Top 1

Ireland's largest further and higher education provider



250+

Highly qualified lecturers



120,000+

Students have successfully completed its programmes



15,000+

Students enrolled per annum



100+

Accredited programs



900+

Five-star Google reviews



BSC (HONS) IN ATHLETIC THERAPY

KEY FACTS



START DATE
March 2027



AWARDING BODY
QQI



FORMAT
Blended learning



DURATION
4 Years



AWARD
BSc (Hons) in Athletic Therapy



WORK PLACEMENT
500 hours



About our Athletic Therapy Programme

Our BSc (Hons) in Athletic Therapy is the first and only Level 8 degree of its kind to deliver a blended-learning model designed for maximum flexibility without compromising clinical competency. This four-year programme prepares students to become Athletic Therapists, integrating evidence-based clinical practice, applied rehabilitation sciences, and comprehensive professional preparation.

Students engage in remote, interactive lectures, supported by high-quality digital learning resources and on-campus practical sessions. This structure allows learners to balance academic progression with work, sport, or personal commitments, while still gaining the essential hands-on skills required for clinical practice.

Across the programme, students develop competencies in injury prevention, neuromusculoskeletal assessment and diagnosis, acute care of injuries and illnesses, treatment, rehabilitation and reconditioning, and professional responsibility and development alongside strong foundations in anatomy, physiology, biomechanics, and sport and exercise science. Integrated clinical placements and an end-of-programme capstone clinical exam ensure graduates are workplace-ready and aligned with national and international Athletic Therapy standards allowing for international employment opportunities.

The programme is ideal for learners seeking a modern, accessible, and professionally accredited pathway into the field of sports injury management and rehabilitation.

Athletic Therapy Lead

Darragh O'Meara is the Programme Lead for the BSc (Hons) in Athletic Therapy at Chevron College. He is a Certified Athletic Therapist (C.A.T) and a member of Athletic Rehabilitation Therapy Ireland (ARTI), where he also serves on the ARTI Education Committee.

Darragh is a graduate of the former Institute of Technology, Carlow, where he completed a BSc (Hons) in Sports Rehabilitation and Athletic Therapy and an MSc by Research.

Darragh's clinical interests include patient-centred assessment, rehabilitation and return-to-sport decision-making, therapeutic exercise, clinical education and patient education.



Darragh O'Meara
Programme Lead for the
BSc in Athletic Therapy

Our Training Centre



Programme Overview

Year 1-3

Learners are required to be onsite for practical training one day per week during term time — mainly scheduled at weekends (Saturdays or Sundays). Practical days take place in our custom-designed Athletic Therapy training rooms in Blanchardstown, Dublin (Eircode: D15 FP90). A study space is available between classes.

In addition, learners attend 2 weekly online live webinars, along with further classes delivered through Chevron's Virtual Learning Environment, and engage with weekly study resources at times that suit their own schedule.

Year 4

Learners are required to be onsite 2 days each week and attend 2 evening webinars each week during study term time.

In addition, learners attend some classes online through Chevron's Virtual Learning Environment and engage with weekly study resources at times that suit their own schedule.



Qualifications Awarded

QQI Level 8 BSc (Hons) Athletic Therapy

Entry Requirements

- Leaving certificate with a minimum of O6/H7 in English and O6/H7 in Maths, or equivalent.
- QQI Level 5 award in a related discipline or equivalent.

English Language

If English is not your first language you will be required to complete an I.E.L.T.S (International English Language Testing System). You must obtain an IELTS overall score of 6.0, Cambridge FCE or higher, or CEFR B2+ to be considered for this programme.

Programme Modules

YEAR 1	Anatomy for Athletic Therapy	10 Credits
	Strength and Conditioning 1- Intro to Coaching	10 Credits
	Screening & Injury Prevention	10 Credits
	Biology and Physiology for Athletic Therapy	10 Credits
	Chemistry and Physics for Athletic Therapy	10 Credits
	Nutrition for Recovery & Performance	5 Credits
	Psychology for injury, rehabilitation and exercises	5 Credits
YEAR 2	Clinical Musculoskeletal Assessment	10 Credits
	Musculoskeletal Injuries	10 Credits
	Pathophysiology	10 Credits
	Strength & Conditioning 2 - Programming & Biomechanics	10 Credits
	Exercise Physiology	10 Credits
	Scientific Research – Study Design and Methods	5 Credits
	Therapeutic Modalities 1 - Soft Tissue Therapy	5 Credits
YEAR 3	Therapeutic Modalities 2 – Articular manual therapy and electrotherapy	10 Credits
	Emergency & Acute Injury Management	10 Credits
	Strength & Conditioning 3 – Rehabilitation	10 Credits
	Scientific Research 2 - Stats & Reporting	10 Credits
	Professional & Ethical studies	10 Credits
	Learner-led clinic 1	10 Credits
YEAR 4	Clinical Reasoning for Professional Practice	5 Credits
	Advanced Concepts in Athletic Therapy	5 Credits
	Learner-led clinic 2	5 Credits
	Research Project	20 Credits
	Work Placement	25 Credits

Part-time Course Sample Timetable

Day	Activity
Monday	Asynchronous content/lessons to be completed before next live webinar
Tuesday	Asynchronous content/lessons to be completed before next live webinar
Wednesday	Asynchronous content/lessons to be completed before next live webinar
Thursday	Live webinars. 2–3 hours. Between 5pm–8pm.
Friday	Live webinars. 2–3 hours. Between 5pm–8pm.
Saturday	In-person practical day, Blanchardstown, 5–7 hours, between 9am–5pm.

There will be a maximum of 9 hours of asynchronous content/lectures to be completed each week

Career Opportunities

Nationally: Certified Athletic Therapist working in private clinical practice, health and fitness clubs, professional/elite level sports, amateur sports, and national bodies.

Internationally: Opportunities in USA, Canada, and UK through international agreements recognising equivalent standards.

Continued education: Masters/PhD in Strength & Conditioning, Physiotherapy, Sports Science, Sports Medicine, PE Teaching or EMT/Paramedic pathways.

Hospitals



Professional & Elite Sport



Private Clinical Practice



Amateur Sport



National Sporting Bodies



Health & Fitness Clubs





Work Experience

In Year 4, students must complete 500 hours of clinical placement within an approved clinic or sports organisation. Students are responsible for sourcing their own suitable placement, subject to programme approval. Placement is undertaken during Terms 1 and 2, from January to August, and is completed alongside the programme in the student's own time.





Enrolment process

Provisional enrolment is completed over the phone with Chevron College. Students will be required to complete an admission form, submit their academic qualifications and a 5-minute personal statement video. In some cases, an interview may also be required.

Cost



€6,000 per academic year

10 monthly instalments of €600 each month



CHEVRON
COLLEGE



Dearbhú Cáilíochta
agus Cáilíochtaí Éireann
Quality and
Qualifications Ireland



Contact Information

Phone

01 6855 300

Email

info@chevrontraining.ie

Website

www.chevrontraining.ie